

MANIPAL SCHOOL Connect

October-December 2020-21



Mrs. Anuradha Shivaram
 Principal, Manipal School

From the Principal's desk

Dear Parents,

Greetings to you!

Constant encouragement breeds ambition, constant criticism breeds despair. Constructive criticism is an oxymoron. Don't confuse correction with criticism. Emphasising positive alternatives rather than mistakes shows a child where to go instead of where not to go. The goal is better performance. Collectively we just must help our children to make their dreams come true.

- Editorial Committee:

Anuradha Shivaram	Principal
Laveena Barboza	Teacher
Hiba Baksh	Teacher
Shibani Trikanad	Teacher
Reshna Sudeep	Teacher
Veena Mallya	Teacher
Rakshitha Kishan	Admission Manager
Avani Munlyangala	Student
Akhil Menon	Student
Riya Sedamkar	Student

-Quote of the Month -

"When educating the minds of our youth, we must not forget to educate their hearts"

- Dalai Lama



Manipal School does it again!! We are ranked as the No. 1 school in Mangalore City by Education World, India for the year 2020. Education World ranks India's top 1000 schools on the following parameters of excellence: Competence of faculty, academic reputation, sports and co-curricular education, life skills and conflict management, individual attention to students, leadership management, quality, parental involvement, infra provision, internationalism, special needs education, community service, teacher welfare and development, value for money. Congratulations to all the students, principal, teachers and staff for your contribution towards this phenomenal achievement!

Lady Scout Master Mrs. Pramoda of Manipal School has donated a total of 50 masks to the District Organization Mask Bank on 05-10-2020 as requested by the State Organization, Bharath Scouts and Guides.





ACTIVITIES

@ PREPRIMARY

HALLOWEEN PARTY:

Halloween, a global festival, was celebrated on 24th November, 2020 with great fun by the students and teachers. The celebration saw students dressed up in various costumes to celebrate the spirit of Halloween. They took part in a craft activity where they made spooky faces on a paper plate. The objective of this activity was to help students understand and encourage them to appreciate differences in cultures and customs. It was a mind-blowing experience that took them to the western world, where it is celebrated in a grand manner.

GANDHI JAYANTHI:

Albert Einstein once said about Mahatma Gandhi: "Generations to come will scarcely believe that such a one as this (Gandhi) walked the earth in flesh and blood." It is our responsibility to teach our children about the man who stood up for the whole nation and lifted its spirit to fight for its rights. This year the 151st birth anniversary of Mahatma Gandhi was celebrated in a unique way in the Pre-primary section. A weekend activity was organised for students to remember and uphold the values and highlights of the sacrifice Gandhiji made for the country. This included drawing Mahatma Gandhi's picture step by step and colouring it. Students exhibited their Activities with great zeal. They also watched a video on the life of Mahatma Gandhi during their virtual class. We hope that our 'Bapuji' will continue to live in the hearts through his teachings among generations to come.



VIRTUAL TOUR TO BANDIPUR WILDLIFE SANCTUARY:



What could be better than visiting a jungle! This is what our children of Prep 2 felt as they entered Bandipur Wildlife Sanctuary virtually on 9th October, 2020. Dressed in their colourful attire, with sunglasses, caps and umbrellas for the unexpected rains, children were mesmerized as they entered the jungle and saw different species of animals and birds like wild dogs, mule, bears and of course the mighty elephant. Teachers had told the children about every animal that they could look out for on this trip. They also

stressed the importance of saving trees and wild animals. After the virtual tour, children took part in a Show and Tell activity where they wore their favourite animal mask and spoke about their favourite animal. The objective here was to inculcate the love of nature and wildlife among students.



GRANDPARENTS DAY:

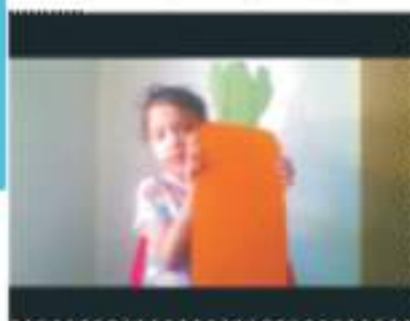
Grandparents are the family's greatest treasure. They are the founders of a loving legacy, the greatest storytellers, the keepers of the tradition. Grandparents play a vital role in every child's life. To give a tribute to them, the children of Pre-primary celebrated 'Grandparents Day' on 3rd October, 2020. They expressed their love and appreciation by making greeting cards and photo frames with captions like "You are the best grandparents".





VEGETABLE DAY:

It was a veggie day for the tiny tots of Pre-primary. Children dressed up as their favourite vegetable and also spoke few words about it. Under the guidance of teachers and support from their parents they prepared delicious veg salad and tasty sandwiches. They also sang a rhyme 'Vegetables are yummy yummy. They are in my tummy tummy which make me strong and healthy'. It was a fruitful day for the children indeed to identify the colour and the name of the vegetables and how they help to improve their immune system and growth.



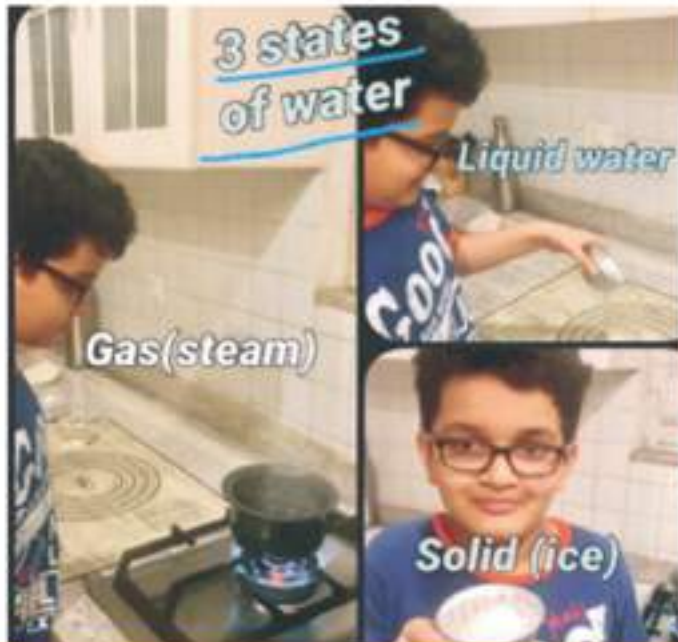


ACTIVITIES @ JUNIOR SCHOOL:

VIRTUAL TOUR TO DISNEYLAND:

When we can't actually go on a field trip, we plan a virtual trip! Students of grade 1 were all into an adventure without leaving their homes. Along with their teachers, dressed in colourful clothes, accessories and following all COVID Safety Protocols, they set off to their favourite destination - Disneyland! On their arrival at Disneyland, it was all magical for the students as they visualised their favourite Disney characters coming to life. Some of the highlights of the trip were the adventurous rides like Dumbo-the flying elephant, Indiana Jones, Temple of Peril, Pirates of the Caribbean and Parachute Drop. The teachers, along with their students got ready to be a part of the movie magic, for some lights, camera and a whole lot of action in the Ratatouille adventure, where they shrunk down to the size of a rat and dodged their way through the kitchen chase. It was an adventurous, fun-filled and definitely magical experience.

3 states of water



CLASS ACTIVITY (FORMS OF WATER): With trial and error, students of grade 3 had hands-on learning activity to understand the concept of different forms of water.



WHAT ARE THE EFFECTS OF STORM

The destruction from the storm depends mainly on its intensity, size and location. It can cause floods, damage to infrastructure, fall of trees, extensive erosion, land slides. Fallen trees can block roads and delay rescue with medical supplies, slow the repair to the electrical lines, telephone towers or waterpipes which could put off lives at risk for days or months. Stagnant water can cause the spread of diseases and transportation or communication infrastructure may have been destroyed, hampering clean up and rescue efforts.



- BY SAKETH

ACTIVITIES @ MIDDLE SCHOOL:

Grade 5 students prepared PowerPoint presentations and videos in which they had to report about natural disasters as journalists and role play about the safety measures to be followed thereafter. They used various online platforms to do the same. The use of role-playing in the learning process helps students to relate to a situation in their daily life.

Grade 6 students conducted an activity in which padlets were created for each class with the names and images of few famous authors. Students had to research and populate the padlet with the quirks of these authors. Students were able to understand that several creative minds in fact had some unusual habits. The students were also encouraged to reflect upon some quirks they may have as well.





ACTIVITIES @ HIGH SCHOOL:

FLIPPED CLASSROOM ACTIVITY: A Flipped classroom is a type of blended learning, which aims to increase student engagement and learning. It gives an opportunity for students to be self-directed learners. Students are earlier briefed on how the activity will be conducted and evaluated by the teachers. They are prepared by providing them with the learning resources of a particular topic which they then present to their class. It is a total reversing of the traditional model of a classroom. Students are divided into different groups with each group led by a facilitator. Teachers ensured that the facilitator of each group carried out his/her responsibility well. This type of activity helps students to be responsible, enhances communication, builds confidence and team spirit.



SCIENCE EXPERIENTIAL LEARNING:

'Tell me and I forget. Teach me and I remember. Involve me and I learn.' A kinaesthetic-tactile learning style requires that we manipulate or touch materials to learn. Students of grade 9 with their endless energy were enthusiastic to get up and move around in their online classes in order to demonstrate activities on the topics- Gravitation, Density and Flotation.



CBSE INITIATIVE PROGRAMMES @ SCHOOL

JAN ANDOLAN PLEDGE: Jan Andolan campaign is a campaign driven by people's participation for dissemination throughout the country using all media platforms. The campaign emphasizes 'Unlock with precautions'. The three key messages highlighted are "wear masks, follow physical distancing and maintain hand hygiene". On 12th October 2020, our teachers and students took the Jan Andolan pledge during their virtual classes.



Integrity Pledge taken by Students & Teachers



GRADE –VI Slogan Writing



VIGILANCE AWARENESS WEEK: Vigilance Awareness Week is observed every year across India to promote transparency, accountability and integrity in public life. The endeavour is to fight against the corruption that is seeping into our lives. Its observance in schools encourages young minds to think of ways to fight the systemic rot and to create a 'Satark Bharat, Samridh Bharat'.

The students observed Vigilance Awareness Week from 27th October to 6th November, 2020. The teachers, parents and senior students led the way by taking the 'e-Integrity Pledge' on the official portal of the Central Vigilance Commission website. The e-Integrity Pledge ensures that ethical values are permanently rooted in the young minds of the next generation. Various activities like slogan writing, digital poster making, essay writing, elocution and collage making were conducted across grades VI to X to create awareness about vigilance.



KANNADA/HINDI SAPTHAH

A language becomes easy when activities included in turn make it interesting and understandable. Kannada and Hindi Virtual Sapthah were organized for a week from 9th November to 14th November. It is celebrated every year to emphasize the importance of Kannada/Hindi and to promote it among each group of students. Students across the grades were encouraged to participate in activities like action songs, share the experience of the places visited during vacation, stories with props, role plays, elocutions, speak about the poets, delicacies & historical places of Karnataka, collage making with old newspapers etc. Students were greatly encouraged to display their language skills. To ensure higher levels of participation, section-wise winners were selected and house-wise names were documented.



CONSTITUTION DAY:

As per the CBSE guidelines, Constitutional Day was observed on 26th November to commemorate the adoption of the Constitution of India. The historical importance of this day was in the year 1949. On this day, the Constituent Assembly of India adopted the constitution of India, and it came in to effect on 26th January, 1950. A special Virtual Assembly was conducted for students from Grade 6 to 10 which began with the school prayer followed by sharing the significance of this day. Students read the Preamble of the Indian Constitution. 'mygov.app' link was shared with the students to encourage them to read the Preamble and in turn, they received an E-Reading Preamble certificate.

Preamble of our Constitution

PREAMBLE

WE, THE PEOPLE OF INDIA, having solemnly resolved to constitute India into a SOVEREIGN, SOCIALIST, SECULAR, DEMOCRATIC REPUBLIC and to secure to all its citizens:

JUSTICE, social, economic and political;

LIBERTY of thought, expression, belief, faith and worship;

EQUALITY of status and of opportunity, and to promote among them all FRATERNITY

securing the dignity of the individual and the unity and integrity of the Nation;

IN OUR CONSTITUENT ASSEMBLY this 26th day of November 1949, we HEREBY ADOPT, ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.

Virtual Assembly

CO-SCHOLASTIC ACTIVITIES @ SCHOOL :

VIRTUAL BOOK FAIR: 'A room without books is like a body without a soul' -Cicero.

An exclusive Virtual Book Fair was organized from 2nd November to 15th November. It was an opportunity for parents and children to explore a well-curated, age-appropriate selection of titles at the convenience of their safe home environment. As a part of this book fair, sessions on reading strategies were conducted for students as well as teachers on 7th November by Ms. Trina Roy, a passionate trainer and speaker. It was an engaging session on reading benefits, browsing and ordering books through the platform, fun quiz and book talk.



PHYSICAL EDUCATION & WELLNESS CLASSES:

Locked in their homes during COVID times, children must take the opportunities that they have to keep the physical activity going. Keeping this in mind, for our students' good health and well-being, we introduced Virtual Physical Education classes to our students. Students participated in large numbers and were happy to get their bodies moving and minds refreshed.



VIRTUAL DANCE CLASSES:

Dancing bolsters physical and mental health. The current COVID-19 pandemic is enough to daunt even the strongest, but dance with its unique power is serving as a useful vehicle of hope and positivity. We started our online dance classes on 17th August 2020 for students of grades 1-8. Although it was an optional choice, many students enrolled in the sessions. Different movements in dance which included head movements, eye movements, eyebrow movements and innovative dance exercises with one leg balance and book balance across different grades were seen. Students also grooved to the latest Bollywood dance numbers. These dance sessions added joy and happiness and kept the students energised throughout the day.





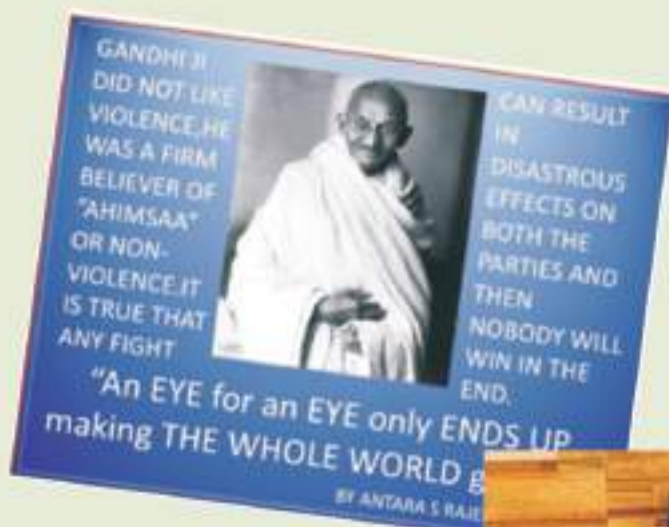
STEM AT HOME:

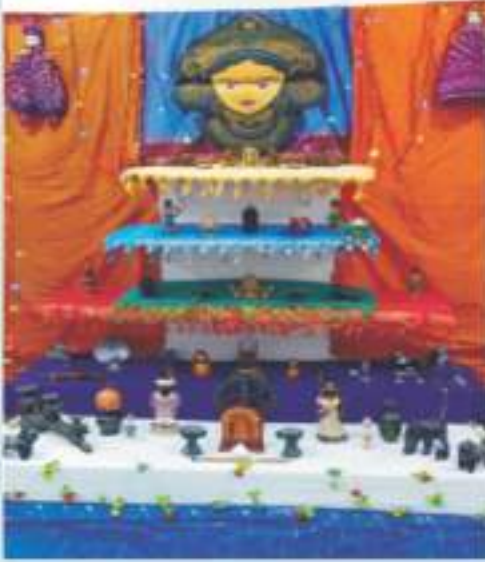
Stem at home is a curriculum integrated programme involving inquiry, design and problem solving with content mapped. Students of Grades 1 to 8 have innovation as a part of their curriculum. There are different projects carried out like water dispenser, balloon pump, projector making, paper gun, punching liquid, sound creating set-up, siphon making, rubber band powered boat and bugle. Each child is involved individually in doing the activity during the synchronous class which helped them to understand the concept better due to hands-on experience.

CELEBRATIONS @ SCHOOL :

GANDHI JAYANTHI: On the morning of 2nd October, Principal, Teachers, Admin staff and the Auxiliary staff convened in the assembly area at school to celebrate Mahatma Gandhi's birth anniversary. After the formal prayer, the Principal offered a floral tribute to the Father of the Nation. This was followed by the chanting of the Guru Stotram and the recitation of an all-faith prayer. Principal, in her inspiring speech stressed on following humanity, as a religion. All the gathered members sang Gandhiji's favourite bhajan "Raghupathi Raghav Raja Ram".

A series of activities were organised for students, to remind them of the values of the Mahatma and highlight the sacrifices he made for the country. Students created posters, wrote essays and spoke about the life of the great leader.





DOLL EXHIBITION:

'Golu' or the festive display of dolls and figurines is an activity we conduct at school to usher in the nine days of the Dussehra Festival. This year in the absence of students, elaborate preparations were made by the teachers to setup a beautiful display of dolls.



AYUDHA POOJA and SHARADA POOJA:

The auspicious occasion of Saraswati Pooja was celebrated at school, on the morning of 23rd October, 2020. Goddess Saraswati is the light of hope, peace, knowledge and wisdom. She is considered the Goddess of literature, art and music. As a part of the Navaratri Celebrations, Ayudha Pooja was also observed at school.



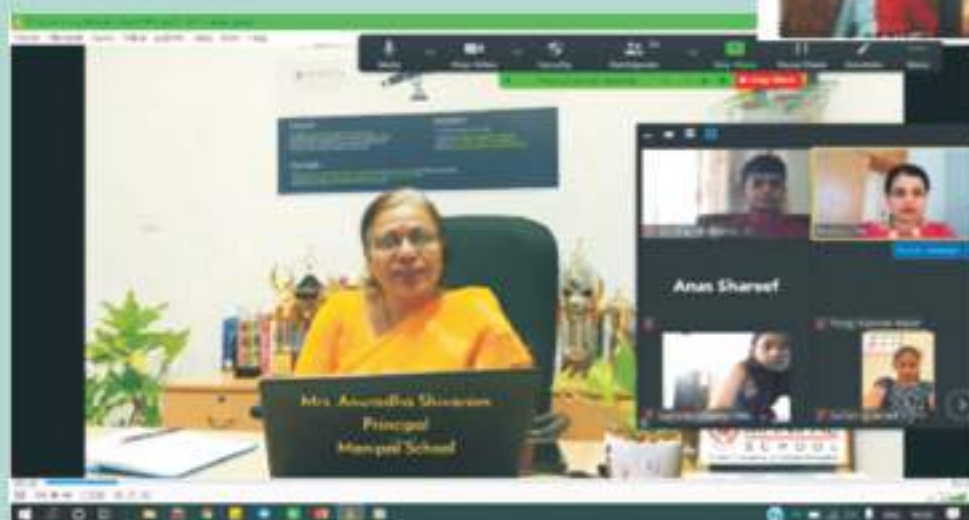
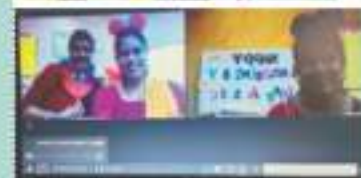
KANNADA RAJYOTSAVA:

Kannada Rajyotsava was celebrated with great enthusiasm at school by the teachers and other staff on 1st November 2020. The teaching and non-teaching staff showcased their talent in Kannada solo singing and rangoli competitions. The programme concluded with all those who were gathered tuning in to the Kannada Anthem- Jaya Bharata Jananiya Tanujate. All the people gathered were filled with pride for being part of a culture that is so rich and



VIRTUAL CHILDREN'S DAY CELEBRATION:

On the 12th of November, teachers and children celebrated Children's Day virtually adhering to the Covid-19 pandemic restrictions. Every year teachers would present marvellous dance performances, skits and other entertaining programmes. However, this year all of it ensued on the virtual platform without denying the students their yearly dose of entertainment. Teachers created beautiful videos of their performances and organised games such as riddles, dumb charades, scavenger hunt etc. in their synchronous classes. At the Pre-primary level children were all dressed up in their favourite cartoon character and were very enthusiastic to show their attire. A special video wishing all the children on their special day with special messages was also presented by the staff and the Principal.



GIFTA SMILE:

A smile is a gift that you give to the world and yourself in the process. Adhering to this statement Manipal school took this opportunity to get involved and inspire their students to find ways to spread smiles and make this world a brighter place, a happy place! The School launched the initiative 'Gift a Smile' to celebrate Children's Day, 2020. Children are naturally helpful and when they are praised and recognized for helping, they are more likely to help again. As elders, it is our job to guide children on this path. In this week-long initiative, children with the support and guidance from their parents and teachers celebrated their special day by gifting a smile to the less privileged in and around their homes. Ensuring the COVID Safety Protocols, children handed over gifts/essentials for people in their vicinity who are in need of it. The objective of this campaign was to bring awareness among students about helping the needy and to be appreciative of what they have.



AUXILLIARY STAFF APPRECIATION:

As part of the School's philanthropic work, students of Grade 10 took up an initiative to appreciate the excellent work done by the auxiliary staff with a poignant programme online and in-person on the 13th of November. They made beautiful posters and presented a dance. They also collected funds and bought gift hampers for the auxiliary staff. The gift hamper included grocery essentials beautifully packed in a tote bag. The entire programme was organised by the school captain Rakshith Bediguthu and his team of student representatives Siya, Prakriti, Shayan, Gaman and Vignesh. The thoughtful programme was much appreciated by everyone especially the auxiliary staff members who were overwhelmed by the love and affection shown by the students and staff. Mr. Ravishankar, School bus driver and Mrs. Vasanthi, housekeeping staff, on behalf of the entire auxiliary staff expressed their gratitude towards the School management, Principal, Staff and Students for this noble gesture.



KHUSIYON KI DIWALI

Deepavali is a festival of the triumph of good over evil and light over darkness. It's the time for vibrant colours, twinkling lights and delicious food! Although this year the school did not celebrate the festival the way it had envisioned, we still got glimpses of the festive moments of our students, right from their home decoration, prayers, illumination of diyas, beautiful rangolis, and preparation of mouth-watering delicacies. Back at the school the staff dressed in their elegant ethnic wear, decorated the campus with lights, earthen lamps and beautiful rangolis. Students were urged during the online classes not to play with fireworks without adult supervision and to celebrate the joy of the festival with utmost safety.



CHRISTMAS CELEBRATIONS

Christmas is a time for Joy and a time for Giving. With that spirit, a month-long celebration for Christmas and New Year was planned at the school. Students were invited to send in their handmade greeting cards and Christmas tree ornaments, under the 'Send Your Love' event. All the amazing craftwork received was used to decorate the school lobby and the Christmas tree. A staff party was conducted on 19th December, 2020. This included an outing to Tannirbhavi Beach where a Carol singing video was shot, which was later shared with the students. 'Live Festive Tutorial' where parents and students conducted live tutorials for the students of the school was another well-received event. Every grade conducted multiple tutorials on craft, baking, cooking and students enjoyed attending and learning from them. The most awaited event was the 'Virtual Christmas Party'. Students enjoyed a fun-filled party with their friends virtually.





JOY OF GIVING:

As part of the Christmas and New Year Celebrations, the school staff members were encouraged to donate clothes, bedsheets, blankets and toiletries in good condition. This was a great success as it saw lots of donations. All women's and children's clothes, bedsheets and blankets were donated to Prajna Swadhara Grah. Men's clothes were donated to street dwellers at the KSRTC bus stand and St. Antony Poor Home.





MANIPAL SPARKLE - ANNUAL TALENT SHOW:

"Hide not your talents, they for use were made, what's a sundial in the shade?"- Benjamin Franklin.

Having a firm belief in the above-mentioned quote, the School organized a Virtual Talent Show, 'Manipal Sparkle' on December 21, 2020. The students were given a virtual platform to display their talents in various areas from performing arts to displaying mental abilities, such as music, dance, martial art, cooking, cubing, clay modelling, flower arrangement and many more. The inaugural ceremony of the same was held on 17th December, 2020 in the school assembly area where the Principal, sports teachers and the school captain together lit the lamp and unleashed the colourful balloons into the sky in the presence of teaching and administrative staff members. The aim of organising this event was to nurture the hidden talents of our students. With school buildings remaining closed for the past few months, it has become increasingly difficult for children to stay focused on the many wonderful things they are capable of doing. This event helped them build their self-esteem and confidence. Undoubtedly, our talented students in every grade of our school made this programme a success and impressed their friends, teachers as well as parents. This well-organised Talent Show was much appreciated by the parents.



TEACHER CORNER

Nobody was prepared to face a pandemic of this enormity. The month of March last year, saw educational institutions worldwide thrown into an unprecedented crisis. We at Manipal School were quick to act and prepared ourselves to take the plunge and face the challenges. We adapted to a new system of distance education that has tested and challenged the traditional way of teaching and learning. We designed a plan for our children and saw first-hand how our new online program was executed.

The school administration, with a team of dedicated and committed teachers, worked together in offering continued learning that was not only quality education, also time-efficient and manageable by the parents. Through all this, our minds were focused on taking our children forward. But the greatest thing of all: it allowed the parents to work hand in hand with the teachers to help our children. This new alliance delivered an unexpected, but beautiful parent-teacher collaboration. While dark clouds gathered, there was a silver lining.

When able management, a strong leadership, a dedicated workforce come together with a responsive parent community, we can help one another emerge from this crisis better, stronger and well-positioned for the future.

- Mrs. Sapna Shetty

PreprimaryCordinator

PARENT CORNER

"Education is the most powerful weapon which you can use to change the world." Nelson Mandela

Education is perhaps one of the most important ingredients to a happy, successful and constructive life. During the corona pandemic, when every hope came crashing on all aspects of life, the one thing that bothered most of the parents was the schooling of our children. In no time the team Manipal School came up with the concept of online classes which we all agreed upon reluctantly as there was no other option left. The efforts taken by the teachers to come online and teach the students were really commendable and highly appreciated by all the parents. There was absolutely no difference in the online teaching mode as compared to offline and teachers were very much in control of the classes.

The children were given assignments and they were equally curious to attend the classes. Even the summative and formative tests were conducted with absolute seriousness and the results were equally good as that of offline classes. All this was possible only because of meticulous planning and execution by the principal and the management which is why Manipal School stands out in its academic pursuits.

We are fortunate to be part of this great academics at Manipal School and looking forward for yet another calendar year ahead.

Dr. Keshav Pai, Parent of Pratham Pai

STUDENT CORNER

At the time of the pandemic, schools and other learning institutions relied on various video conferencing platforms for educating their students. When the exam season arrived, schools took it up as a challenge to conduct the exams in the most convenient way for their students. At Manipal School, the exam has been conducted live in two sections- Objective and Subjective. The Objective paper was a Google Form quiz. Meanwhile, the Subjective question paper was uploaded live on Google Classroom at the given time. Students had to keep their videos on the entire course of the examination. The students' tables had to be visible to the invigilators. Students had to turn in the paper in the additional 10 minutes given for submission.

Our school has done a great job of rising to the challenge. It was a different but exciting way of writing the exam. Undoubtedly some things could have been better looked upon but, for the very first time conducting exams online, a job well done. I want to thank everyone who worked to make the examinations easy and accessible for the students. We as students don't realize how hard everyone worked. So on behalf of all the students, I would like to say, Thank you. Thank you for teaching us in such a hard time.

Avani Muniyangala, Grade IX 'B'