

Cir/031/2018-19

Date : 23-01-2019

Dear parents,

Greetings to you!

We are happy to invite you to a parenting workshop by Ms. Aarti Rajarathnam on Saturday, February 2, 2019 at MCODS, Attavar.

Ms. Aarti has a Masters in Applied Psychology with specialization in Clinical Psychology - Childhood and Adolescent Mental Health from the **University of Delhi, South Campus**. She is a Master Practitioner and Trainer in Neuro Linguistic Programming (NLP) and is also trained in Transactional Analysis (TA), Dream Analysis and Counselling. She is an intuitive Psychologist, Bestselling author, Innovative Curriculum and Education and Design Consultant.

Details of sessions are as follows:

Grades: Pre School to Grade II

Timings: 9.00 am to 10.20am

Venue: Lecture hall 2, Manipal College of Dental Sciences, Attavar

Topics:

- Multisensory Learning/Move to Learn
- Importance of providing opportunities for all 9 domains of Development
- Basic Rules in Discipline including dealing with common problems in this age group

Requesting you to send the participation form by January 25, 2019.

Thank you,

Best regards,

For Manipal School



Principal

Mrs. Anuradha Shivaram

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PARTICIPATION FORM

I _____ parent of _____ Grade _____
will participate in the workshop on February 02, 2019.

Signature of the Parent :

Name of the Parent (BLOCK LETTERS) :

No. of participants :

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Details of sessions are as follows:

Grade III to VI

Timings: 10.45 am to 12.15pm

Venue: Lecture Hall 2, Manipal College of Dental Sciences, Attavar

Topic:

- Preparing Children for Change - Physical, emotional, social and academic
- Age appropriate discipline

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Details of sessions are as follows:

Grade VII – X

Timings: 1.00pm to 2.20pm

Venue: Lecture hall 2, Manipal College of Dental Sciences, Attavar

Topic:

- Adolessons - A workshop on understanding the challenges in adolescence and how parents can rise up to the challenge.

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Thank you,

Best regards,

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